

Club 55 Senior Center

By Carol Burrows Club 55 Senior Center Correspondent

My first great grandchild arrived more than 3 months early weighing 1 lb. 12 oz and I have not been able to see her in person because of the pandemic. After 100 days in the NICU she was able to go home in time for her first Christmas.

Thankfully, I have been able to share many pictures and short videos of her, so I feel that I am not completely missing out. Of course, seeing her virtually makes me want to hold her even more to make it real. Hopefully, I will feel more comfortable after my second vaccine this week, although I know that alone is not foolproof. I will go when the baby's parents are ok with me being there.

The leaps and bounds of technology made me think of how far we have come in my lifetime. My family moved to Lake Mills in the mid-fifties when my Dad bought an 'oil jobber business'. During those years before natural gas was the usual heat, homes were heated by oil that was delivered by truck. Homes had an oil drum storage tank in the basement that supplied the furnace. Dad also delivered gas and diesel to farmers for their tractors and farm equipment. He got calls all times of the day and night, so someone had to be home to take the call. It seemed that someone always ran out of oil and their furnace went out on every holiday so he would have to go and often help restart the furnace too. I remember being intrigued with the word 'thermocouple' as he was describing what he had done to get the furnace running again. I remember what we thought of as a technology update then when we had an electrician wire a bell that could be heard if we were in the back yard and the phone rang. I thought we were really 'upscale uptown.'...we've come a long way! (As I was writing this I remembered the saying, "That's cooking with gas!") You probably will only remember this saying if you are of a certain age!

The weather was bitterly cold on Monday for our Valentine's Coffee and Cookies, but we had a nice gathering of folks who enjoyed getting together. We physically distanced and chatted about who had gotten their vaccine and where. Some took a new puzzle or two home or chose a different book to read. The need for human connection is stronger than ever! We are getting many different puzzles in each week as people take some and return others that may be from their own stash. We also have many new choices of books so stop in and choose a couple.

Our Bingo this week on Wednesday, the 24th from 1-2:30, is sponsored by Culvers and we have coupons and other great choices for prizes. We meet in the gym allowing us to continue to be 6 feet apart and still participate. This is a free game and we supply the cards and chips or you may bring your own markers...daubers, buttons, coins...your choice.

If your 2021 resolution is to get more exercise, come in to Club 55 on M, T, and Th. from 10-12 or W from 10-3. You can walk indoors, use the RLAC fitness room, or join a free 10am exercise.

As we turn the calendar to March and look forward to Daylight Savings Time, St Patrick's Day, and the first day of Spring, also mark your calendar for Foot Care on Wednesday, March 10th. Make an appointment by calling Club 55 at 920-728-2176. Deb is the RN who provides this service changed her hours and day, so she is now at Club 55 on the second Wednesday of each month from 9:30-11:30 am. Bring your own towel, \$15. Check out Deb's website at www.joyfultoos.com.

May Leprechauns strew happiness,

Wherever you walk each day

And Irish angels smile on you...

All along the way!